



SHP Student Interns for Research and Scholarly Activities Project Proposal Form

Instructions:

Please fill each box to the right of the required fields, obtain the required signature and return via email to Michele Sisco (mcoral@shp.rutgers.edu) by **March 24, 2025**.

If you are sending attachments, please ensure your contact information is added to all your forms.

Faculty Contact Information:

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|---------------------|---|
| Date submitted: | March 26, 2026 |
| Faculty Name: | Christina Kang-Yi |
| Department/Program: | Psychiatric Rehabilitation and Counseling Professions |
| Telephone number: | 856-566-7091 |
| E-mail: | christina.kangyi@rutgers.edu |

Project Detail:

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| Project Title: (56 characters max) | DECIDE for MOM Provider Training |
| Hypothesis: | Not applicable. This is a feasibility study to identify the acceptability, appropriateness, and feasibility of implementing asynchronous online training on shared decision-making in perinatal mental health care delivery in health systems. |
| Description: (Include design, methodology, data collection, techniques, data analysis to be employed, evaluation and interpretation methodology for research component) | DECIDE for MOM Provider Training is an asynchronous online training provided to increase perinatal care providers' competency in engaging and communicating with perinatal individuals. The project team completed recruiting 35 mental health, behavioral health and perinatal health care providers. Currently, the team is evaluating the acceptability, appropriateness and feasibility of the training using online surveys and focus groups. The training participants complete the online surveys immediately after the training and at the one-month follow-up and participate in focus groups to share their feedback about the training format and content and their use of the skills taught, and share their ideas for strategies to promote the high-quality implementation of the DECIDE training. Focus groups will be held through Zoom. In the summer 2026, both quantitative and qualitative data (i.e., open-ended questions of the online surveys and focus groups transcripts) |

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| | analyses will be completed. A deductive coding approach will be used by creating predefined codes and then developing additional nodes from the participant recommendations. |
| Specific Student Responsibilities: | Some or all of the following tasks can be assigned upon the project status: <ol style="list-style-type: none"> 1. Perform data analysis under supervision. 2. Conduct a literature review and summarize the review 3. Assist in writing manuscripts |
| Start / end date of project: | 06/01/2026 – 8/21/2026 |

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| WHAT OTHER EDUCATIONAL OPPORTUNITIES ARE AVAILABLE TO STUDENTS? (e.g., journal club, seminars, clinic, rounds) | Opportunity to gain insights into conducting dissemination and implementation research through joining the project team |
| WHERE DO YOU PLAN TO PRESENT OR PUBLISH THE FINDINGS WITH THE STUDENT? (e.g., national or state meetings, newsletter or journal, SHP poster day) | A manuscript to be submitted to an academic journal |
| | One of the academic journals in the fields of mental health, maternal mental health, shared decision making, or learning health systems |

CHECK ALL APPROPRIATE BOXES BELOW AND PROVIDE REQUESTED INFORMATION.

This project is: clinical laboratory behavioral survey educational
 Other: please specify Dissemination and Implementation Research

This project involves the use of human subjects (including chart review, retrospective studies and questionnaires).

Pending Approved IRB Protocol Number [Pro2024002663](#)

IRB approval must be obtained by June 2025

Signed by:

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 Signature of Department Chair

3/30/2026 | 10:23:57 EDT
 Date