



SHP Student Interns for Research and Scholarly Activities Project Proposal Form

Instructions:

Please fill each box to the right of the required fields, obtain the required signature and return via email to Michele Sisco (mcoral@shp.rutgers.edu) by **March 24, 2026**.

If you are sending attachments, please ensure your contact information is added to all your forms.

Please note if you are a Non-Resident Alien to see the tax withholdings:
[Payments to Nonresident Aliens | University Finance and Administration](#)

Faculty Contact Information:

Date submitted:	3-22-23
Faculty Name:	Judith Deutsch
Department/Program:	Rehabilitation and Movement Science- Doctor of Physical Therapy
Telephone number:	973 972 2373
E-mail:	deutsch@shp.rutgers.edu

Project Detail:

Project Title: (56 characters max)	
Work Place Well-Being: Satsang Community for Wellness	
Hypothesis:	
Work place initiatives will be viewed mostly favorably, with variation across participants perceived benefits. Barriers and facilitators to participation will be identified.	
Description: (Include design, methodology, data collection, techniques, data analysis to be employed, evaluation and interpretation methodology for research component)	The study's purpose of this project is to analyze and interpret data that were collected from two work place well-being initiatives. It is a mixed methods study with primarily qualitative data. The analysis will include program outcomes as well as barriers and facilitators. Data will be used to inform work place well being initiatives.
Specific Student Responsibilities:	
The student will be involved with reviewing the relevant literature, analyzing previously collected data from two Work Place Well-Being initiatives.	
Start / end date of project: To be agreed upon with student based on their schedule	

WHAT OTHER
EDUCATIONAL
OPPORTUNITIES ARE
AVAILABLE TO STUDENTS?

journal club with collaborating colleagues
program participation and development

(e.g., journal club, seminars,
clinic, rounds)

WHERE DO YOU PLAN TO
PRESENT OR PUBLISH THE
FINDINGS WITH THE
STUDENT?

Conference presentation

(e.g., national or state meetings,
newsletter or journal, SHP poster
day)

CHECK ALL APPROPRIATE BOXES BELOW AND PROVIDE REQUESTED INFORMATION.

This project is: clinical laboratory behavioral survey educational

Other: please specify _____

This project involves the use of human subjects (including chart review, retrospective studies and questionnaires).

Pending Approved IRB Protocol Number _____

IRB approval must be obtained by June 2025

Are you an Employee at RU? ***Yes*** ***No***

Are you a Non-resident Alien? ***Yes*** ***No***

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Signature of Department Chair

3/22/2020
Date