

## SHP Student Interns for Research and Scholarly Activities Project Proposal Form

#### **Instructions:**

Please fill each box to the right of the required fields, obtain the required signature and return via email to Michele Sisco (mcoral@shp.rutgers.edu) by March 24, 2025.

If you are sending attachments, please ensure your contact information is added to all your forms.

#### Faculty Contact Information:

Date submitted: March 17, 2025
Faculty Name: Christina Kang-Yi

Department/Program: Psychiatric Rehabilitation and Counseling Professions

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### Project Detail:

Project Title: (56 characters max) DECIDE for MOM

Hypothesis: Not applicable. This is a feasibility study to identify the

acceptability, appropriateness, and feasibility of implementing asynchronous online training on shared decision-making in perinatal mental health care delivery in health systems.

Description:

(Include design, methodology, data collection, techniques, data analysis to be employed, evaluation and interpretation methodology for research component) The study will adapt DECIDE, an evidence-based shared decision model, and create and launch asynchronous online training modules on Canvas. The project team will recruit 35 mental health, behavioral health and perinatal health care providers who will participate in the adapted DECIDE training. The training participants' perceptions of acceptability, appropriateness and feasibility of the training and the shared decision making taught will be identified through Qualtrics surveys and focus groups. The Qualtrics online surveys will be conducted immediately after and one month after the training. Descriptive statistics and regression analyses will be conducted for the quantitative data. The training participants will be invited to participate in the focus groups one month after their training participation to share their thoughts about strategies to promote the high-quality implementation of the DECIDE training. Focus groups will be held through Zoom.

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Qualitative data (i.e., open-ended questions of the online surveys and focus groups transcripts) will be analyzed. A deductive coding approach will be used by creating pre-defined codes and then developing additional nodes from the participant recommendations. Some or all of the following tasks can be assigned based on the Specific Student Responsibilities: project status: 1. Help edit the asynchronous online training using Play Posit in Canvas 2. Help recruit study participants and secure informed consent for participant study participation. 3. Assist with the data collection. 4. Perform data analysis under supervision. 5. Assist in writing the biannual project report (tasks can include literature review and writing summaries). Start / end date of project: 05/19/2025 - 7/11/2025

WHAT OTHER EDUCATIONAL OPPORTUNITIES ARE AVAILABLE TO STUDENTS? (e.g., journal club, seminars, clinic, rounds) Opportunity to gain insights into conducting dissemination and implementation research through joining the project team meetings with internal and external collaborators and experts

WHERE DO YOU PLAN TO PRESENT OR PUBLISH THE FINDINGS WITH THE STUDENT?

A manuscript to be submitted to an academic journal and presentations to be made at the New Jersey State Department of Public Health and other stakeholder meetings

(e.g., national or state meetings, newsletter or journal, SHP poster day)

# CHECK ALL APPROPRIATE BOXES BELOW AND PROVIDE REQUESTED INFORMATION.

This project is: ☐ clini	_	ory    behavioral  by Dissemination and	_ ,	_
☐ This project involves the use of human subjects (including chart review, retrospective studies and questionnaires).				
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## IRB approval must be obtained by June 2025

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3/19/2025 | 11:10:23 EDT

Date

Signature of Department Chair

3/19/2025