

## SHP Student Interns for Research and Scholarly Activities Application of Project Proposal Form

#### Instructions:

Please fill out the form and return via email to Michele Sisco (<a href="mailto:mcoral@shp.rutgers.edu">mcoral@shp.rutgers.edu</a>) by March 25, 2024. Please fill each box to the right of each required field. If you are sending attachments, please ensure your contact information is added to all your forms.

Faculty Contact Information:

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Date submitted:	3-25-2024
Faculty Name:	SunHee Eissenstat
Department/Program:	Department of Psychiatric Rehabilitation and Counseling Professions
Telephone number:	908-889-2481
E-mail:	

Project Detail:

Project Title: (56 characters max)	Dietary choices among people with depression – qualitative data analysis
Hypothesis:	People with depression will report various challenges in securing and choosing health meals due to their biopsychosocial barriers, that has not been considered in conventional dietary interventions, and provide insight on further intervention development.
Description: (Include design, methodology, data collection, techniques, data analysis to be employed, evaluation and interpretation methodology for research component)	Currently the project in the process of interviewing people with depression. The participants have been recruited from community behavioral health centers with flyers. The CQR (Hill, 2012) is selected as a methodological lens to enhance the trustworthiness of the study, represented by its consistent data collection process, iterative process in coding, and the use of auditors. The CQR is similar but different from the grounded theory that they both develop core ideas and domains, but that the CQR uses semi-structured interview questions with pre-determined number of interviewees (Hill, 2012).  Investigator triangulation will be conducted by having three analysis team members, as the number suggested by the CQR (Hill et al., 1997). Bias and expectations will be discussed as a process of reflexivity

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(Hills, 2012). Before the data analysis, the three analysis team members will meet to discuss their understanding in the qualitative data analysis. A starting list of the domains will be discussed. As analysis team members get more familiar with the data, new domains may merge. There will be at least three data analysis meetings. In the first data analysis meeting, the newly added domains will be discussed, and a few core ideas will be developed as a team to ensure that everyone is on the same page for individual work after the meeting as suggested in Hills (2012). The team members then will individually develop core ideas. The second meeting will be conducted to achieve consensus of the categorization of core ideas under each domain. Some potential categories will be naturally merged during this meeting and the team individually will work on categorizing until the third meeting. The cross-analysis will be conducted in the meeting, sought consensus on categories under each domain. After all team meetings, a research team member who did not participate in the data analysis will do a review as an auditor. The auditor will review the consensus on the core ideas, categories, and domains with transcripts and frequency table to crosscheck the validity of the findings and suggested changes for the trustworthiness (Hills, 2012). The team is in need of those who can help with recruitment, interview (if the student has an experience), transcription, and data analysis meeting note-taking. Recruitment: Student will continue to communicate with the behavioral health agencies which have been supporting our recruitment. Interview: If student has an experience in qualitative study interview, student will conduct the interview after co-facilitating an interview with current interviewers. Transcription: Student will transcribe the interview data. Data analysis meeting note-taking: Student will take note during the data analysis meetings and organize data analysis findings from three people who will analyze the

### Start / end date of project:

Specific Student

Responsibilities:

July 1st to August 16th; 7-week long.

#### Educational:

WHAT OTHER
EDUCATIONAL
OPPORTUNITIES ARE
AVAILABLE TO
STUDENTS?
(e.g., journal club,
seminars, clinic, rounds)

Student will be provided a book of CQR, widely used qualitative data analysis method and the faculty will assist their learning in CQR in their weekly meetings.

Student will be provided with the bibliography in the topic and also review them with the faculty.

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data.

# WHERE DO YOU PLAN TO PRESENT OR PUBLISH THE FINDINGS WITH THE STUDENT?

(e.g., national or state meetings, newsletter or journal, SHP poster day) The findings can be presented at the American / New Jersey Counseling Association conference, the Academy of Nutrition and Dietetics, and SHP Research day. The manuscript can be sent for publication to peer-reviewed journals in mental health, nutrition, or interprofessional practice, such as Journal of Public Health that the team already has published with.

CHECK ALL APPROPRIATE BOXES BELOW AND PROVIDE REQUESTED INFORMATION.
This project is:   clinical   laboratory   behavioral   survey   educational
v Other: please specify_qualitative interview study
v This project involves the use of human subjects (including chart review, retrospective studies and questionnaires).
Pending Approved v IRB Protocol Number Pro2022000998
IRB approval must be obtained by June 2024
Signature of Department Chair 3-25-2024 Date
OR-For internal use  Form: (1)  Reviewed date:  Date processed on website:

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