



SHP Student Interns for Research and Scholarly Activities Application of Project Proposal Form

Instructions:

Please fill out the form and return via email to Nipa Sahasrabuddhe (ns1115@shp.rutgers.edu) by **March 31, 2023**. Please fill each box to the right of each required field. If you are sending attachments, please ensure your contact information is added to all your forms.

Faculty Contact Information:

Date submitted:	Feb.17 th ,2023
Faculty Name:	Weili Lu, PhD
Department/Program:	Psychiatric Rehabilitation/Rehabilitation Counseling
Telephone number:	908-889-2453
E-mail:	luwe1@shp.rutgers.edu

Project Detail:

Project Title: (56 characters max)	CBT for PTSD in SED
Hypothesis:	We hypothesize that integrated Cognitive Behavioral Therapy (I-CBT) that incorporates input from peers with lived experience, with attention to stigmatized beliefs towards self and community members, exploration of the students' preferences on disclosure, educational materials on appropriate accommodations for PTSD and psychiatric conditions in educational settings, in order to address the functional goal of educational functioning will be effective.
Description: (Include design, methodology, data collection, techniques, data analysis to be employed, evaluation and interpretation methodology for research component)	This study evaluates the feasibility and effectiveness of integrated Cognitive Behavioral Therapy (I-CBT), a telehealth assisted CBT intervention for PTSD that incorporates input from peers with lived experience, with attention to stigmatized beliefs towards self and community members, exploration of the students' preferences on disclosure, educational materials on appropriate accommodations for PTSD and psychiatric conditions in educational settings, in order to address the functional goal of educational functioning. In this study, 114 college students with psychiatric disabilities will be recruited, enrolled in the study, and complete the telehealth CBT intervention. This study will collect data on student's vocational, educational, and psychological outcomes as a result of completing the telehealth CBT

	intervention.
Specific Student Responsibilities:	Student will help with analyzing and collecting the data. The student will also work with Dr. Lu on preparing a manuscript for publication. Specific tasks would involve preparing references, analyzing the data under the supervision of Dr. Lu, and preparing tables for publication. The student agrees to meet with Dr. Lu on average once a week in order to be supervised for the data analysis portion of the research work. Research work may also involve assistance with grant application in relation to the pilot data collected from previous studies.
Start / end date of project:	May 15 th – August 31 st .

Educational:

WHAT OTHER EDUCATIONAL OPPORTUNITIES ARE AVAILABLE TO STUDENTS? (e.g., journal club, seminars, clinic, rounds)	Weekly team meetings and the student can provide CBT if interested.
WHERE DO YOU PLAN TO PRESENT OR PUBLISH THE FINDINGS WITH THE STUDENT? (e.g., national or state meetings, newsletter or journal, SHP poster day)	National or state meetings, newsletter or journal, and SHP poster day

CHECK ALL APPROPRIATE BOXES BELOW AND PROVIDE REQUESTED INFORMATION.

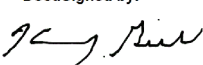
This project is: ☐ clinical ☐ laboratory ☒ behavioral ☐ survey ☐ educational

☐ Other: please specify _____

☐ This project involves the use of human subjects (including chart review, retrospective studies and questionnaires).

Pending ☐ Approved ☒ IRB Protocol Number Pro2020002327

IRB approval must be obtained by June 2023

DocuSigned by:

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03/11/2023

3/11/2023

Signature of Department Chair

Date

OR-For internal use

Form: (1)

Reviewed date: 4/5/23

Date processed on website: _____