Program description

The Bachelor of Science in Psychiatric Rehabilitation and Psychology is a joint degree program with Kean University, Georgian Court University and Felician College. This unique program offers a dual major in psychiatric rehabilitation and psychology and provides educational and clinical preparation for professional roles in psychiatric rehabilitation and community mental health settings. Students are also prepared to pursue a variety of graduate degree options. Graduates are employed by programs that provide services to individuals living with serious mental illnesses. These include assertive community treatment (PACT) teams, case management programs, partial care programs, supported employment programs, and supported housing programs.

The Bachelor of Science program can be the first or second step of the career ladder in psychiatric rehabilitation education offered by Rutgers, The State University of New Jersey - School of Health Related Professions (SHRP). Students who enter the program with an Associate of Science Degree in Psychosocial Rehabilitation and Treatment (ASPSRT) continue their education at SHRP with a core course in Case Management and a minimum of 12 credits of upper level psychiatric rehabilitation courses that focus on topics such as vocational rehabilitation, independent living, family support and intervention strategies for individuals with co-occurring disorders. At the partner school they complete the requirements for a psychology major and finish general education requirements for a total of 120-133 credits. The number of required credits depends on the partner school’s requirements, for example the joint program with Kean University requires a total of 124 credits.
Students who do not have the ASPSRT degree enter the program during their sophomore or junior year at the partner school. At SHRP, they complete core courses (21 credits) in psychiatric rehabilitation, a 12 credit practicum sequence, and a minimum of 12 credits of electives in upper level psychiatric rehabilitation courses. At the partner school they complete their psychology and general education requirements for a total of 124-133 credits.

**Description of the Profession**

Psychiatric rehabilitation, promotes recovery, full community integration and improved quality of life for persons who have been diagnosed with any mental health condition that seriously impairs functioning. Psychiatric rehabilitation practitioners focus on helping individuals develop skills and access resources needed to increase their capacity to be successful and satisfied in the living, working, learning and social environments of their choice.

As New Jersey and other states continue to downsize state psychiatric institutions and redirect public mental health funding to community based alternatives, employment opportunities for program graduates continue to expand. The knowledge and skills of the psychiatric rehabilitation practitioner qualify him/her to conduct rehabilitation assessments and provide supportive counseling, case management services, and vocational rehabilitation interventions. The practitioner is also prepared to facilitate individual and group skills training sessions, as well as illness management and support groups.

**Full-time and Part-time status**

Full-time and part-time courses of study are available, including day and evening classes. Classes are taken during fall, spring and summer sessions.

**Department Faculty**

Please see the department faculty under [Psychiatric Rehab Psychiatric Rehabilitation and Counseling Profession](/Scotch Plains Campus).

**Primary campus location**

The program is based on the Scotch Plains campus. Most courses are offered in the traditional classroom setting. Some courses are web-based or web enhanced.

**Curriculum**

See database for [program requirements](#) and course descriptions and select your program.
**Mission/Goals/Objectives**

- Promote the principles and values of the psychiatric rehabilitation field
- Address the shortage of qualified staff in this field
- Provide psychology majors with a dual major in an applied field
- Enhance the career advancement of A.S. in Psychosocial Rehabilitation and Treatment students and graduates by offering a fully articulated avenue to the Bachelor of Science degree
- Prepare Psychiatric Rehabilitation students for graduate studies in rehabilitation counseling, psychology and other human service professions

**Major clinical affiliates**

- Bridgeway Rehabilitation Services, Elizabeth, NJ
- Collaborative Support Programs of NJ in Freehold, Eatontown & Clifton
- Triple C Housing, Monmouth Junction, NJ
- Volunteers of America, Rahway, NJ
- Project Live, Newark, NJ
- UBHC, Piscataway, NJ

**Admissions requirements**

- An overall G.P.A. of 2.5
- A G.P.A. of 3.0 in psychology courses (and any PSRT courses taken prior to admission)
- Two letters of reference
- Written essay related to psychiatric rehabilitation
- At Kean University: Completion of at least 40 semester hours (including at least 3 psychology and/or psychiatric rehabilitation courses)
- At Georgian Court University and Felician College: Completion of all required psychology and general education courses

**G.P.A. minimum requirement/credentialing requirement**

Students must maintain a minimum G.P.A. of 3.0 in psychiatric rehabilitation and psychology courses.

**Directions for applying to the program**

Students begin the process by applying to one of the 3 partner schools

**To obtain an application for admission contact:**

Kean University  
1000 Morris Avenue  
Union, NJ 07083  
908-527-2000
Georgian Court University
900 Lakewood Ave.
Lakewood, NJ 08701
800-458-8422

Felician College
262 South Main Street
Lodi, NJ 07644
201-559-6131
admissions@felician.edu

For more information
Contact the SHRP Office of Enrollment Services at (973) 972-5336 or via e-mail.

For more specific information about the field and the program

Rutgers, The State University of New Jersey
RBHS - School of Health Related Professions
Undergraduate programs in Psychiatric Rehab. and Counseling Professions
Nora Barrett, Program Director
1776 Raritan Rd.
Scotch Plains, NJ 07076

Phone: (908) 889-2431  E-mail: barrettnm@shrp.rutgers.edu