ASSOCIATE OF SCIENCE
in Psychosocial Rehabilitation and Treatment

Program description
The program provides students with the knowledge, skills and rehabilitation techniques needed to begin a career as a mental health practitioner. Lectures, interactive classroom activities and the required clinical practicum experience ensure that students are well prepared to provide supportive services to individuals living with serious mental illnesses.

The A.S. degree program at Rutgers, School of Health-Related Professions (SHRP) is one of the few model programs of this type throughout the nation and the first undergraduate degree-granting program in this field in New Jersey. It is currently offered in collaboration with 9 affiliate schools: Middlesex County College, Union County College, Warren County Community College, Cumberland County College, Camden County College, Burlington County College, Passaic County Community College, Raritan Valley Community College and Ocean County College.

A total of 61-64 credits are required. The 31-34 credits of general education courses are provided by the affiliated community college. Some of them will accept credits transferred from other schools. In order to apply for admission to the professional phase of the program, students must have successfully completed between 18-34 credits of general education (the number of credits needed for admission depends on affiliate school). The 30 credits of Psychosocial Rehabilitation and Treatment courses are provided by the School of Health Related Professions.

The Psychosocial Rehabilitation and Treatment courses include 12 credits of traditional classroom instruction, 6 credits of web-based instruction, and a 12 credit clinical practicum sequence that includes 480 hours of fieldwork. The eight courses are described in detail in the course descriptions listed on-line.
**Description of the Profession**
Psychosocial rehabilitation, also known as psychiatric rehabilitation, promotes recovery, full community integration and improved quality of life for persons who have been diagnosed with any mental health condition that seriously impairs functioning. Psychiatric rehabilitation practitioners focus on helping individuals develop skills and access resources needed to increase their capacity to be successful and satisfied in the living, working, learning and social environments of their choice.

There are ample career opportunities for psychiatric rehabilitation practitioners in a variety of rehabilitation programs and community and hospital based mental health settings. The knowledge and skills of the psychiatric rehabilitation practitioner qualify him/her to provide supportive counseling, case management services, and vocational rehabilitation interventions. The practitioner is also prepared to facilitate skills training groups as well as illness management and support groups.

**Full-time and Part-time status**
Full and part-time courses of study are available, including day and evening classes. Classes are taken during fall and spring semesters.

**Department Faculty**
Please see the department faculty under the [Psychiatric Rehabilitation](#) and Counseling Profession/Scotch Plains Campus

**Primary Campus Location**
The program is offered at both the Scotch Plains campus and the Stratford campus. Most courses are offered in the traditional classroom setting. Some courses are web-based or web-enhanced.

**Curriculum**
See database for [program requirements](#) and course descriptions and select your program at:

**Mission/Goals/Objectives**
- Prepare qualified entry-level practitioners
- Promote the principles and values of the psychiatric rehabilitation field
- Address the shortage of qualified staff in this field.

**Major Clinical Affiliates**
- Bridgeway Rehabilitation Services, Elizabeth, NJ
- Collaborative Support Programs of NJ, Freehold, Eatontown & Clifton, NJ
Admissions requirements
Requirements for Admission:
- High school graduation or equivalent diploma (GED).
- English as a Second Language (ESL) placement test if required and completion of ESL courses if necessary.
- Completion of any necessary remedial courses as determined by the New Jersey Basic Skills Test
- 18-34 credits of general education requirements, including 3 credits of English composition (Note: the number of credits needed for admission depends on affiliate).

For further information and an application for admission, please contact the community college of your choice:

- **Middlesex County College**
  Tel: (732) 548-6000
- **Union County College**
  Tel: (908) 709-7596
- **Warren County Community College**
  Tel: (908) 835-9222
- **Cumberland County College**
  Tel: (856) 691-8600
- **Camden County College**
  Tel: (856) 227-7200
- **Passaic County Community College**
  (973) 684-6868
- **Raritan Valley Community College**
  (908) 526-1200
- Burlington County College *
- Ocean County College *

* Contact SHRP Program Director about applying to these affiliate schools
G.P.A. minimum requirement/credentialing requirement
Students must maintain a minimum G.P.A. of 2.0

For more information
For more information contact the Office of Enrollment Services at (973) 972-5336 or via e-mail.

For more specific information contact the program at:
Rutgers, The State University of New Jersey
RBHS - School of Health Related Professions
Undergraduate programs in Psychiatric Rehabilitation and Counseling Professions
Nora Barrett, Program Director
1776 Raritan Rd.
Scotch Plains, NJ 07076

Phone: (908) 889-2431  E-mail: barrettnm@shrp.rutgers.edu