Introduction to F1: Work and Recovery

Welcome to the online version of Session F1: Work and Recovery

Today’s session is being facilitated by:
- Bill Burns-Lynch, MA, CPRP
- George Brice, Jr., MSW

Forms to Download

- Introductory Documents
  - Introduction Letter from Commissioner Martone (pdf, 6.12.06)
  - Training Module Descriptions (wd)
  - Check-sheet for Session Attendance (wd)
  - IEI Description (wd)

wd=Word Doc; ppt=Power Point
Introduction to the Partial Care Training Series

- Collaborative Training Development
  - In response to the new partial care regulations, specifically related to prevocational services – first offered in the summer/fall of 2006
    - Integrated Employment Institute (UMDNJ)
    - Career Connections Employment Resource Institute (MHANJ)
    - NJ Division of Mental Health Services

- Module 1: Foundations
  - Session F1: Work and Recovery*
  - Session F2: Entitlements and Work*

- Module 2: Basic Skills for Prevocational Services
  - Session S1: Supporting Employment – Readiness Assessment & Development
  - Session S2: Recovery Planning and Employment Goals
  - Session S3: Career Planning and Development**

- Module 3: Employment Supports
  - Session S4: Supporting Employment – Community Supports & Families
  - Session S5: Supporting Employment – Support groups for employment
  - Session S6: Supporting Employment – Supporting Independent Job Search

*Prerequisite for the remaining sessions.
**2 part session – 2 full days
Introduction to the Partial Care Training Series

- Module 4: Using Prevocational Services to Promote Employment
  - Session S7: Promoting Wellness for Employment Success
  - Session S8: Integrating Clinical and Pre-vocational Services
- Module 5: Teaching Employment Skills
  - Session S9: Methods for Teaching Employment-Related Skills
- Module 6: Co-Occurring Disorders & Employment
  - Session P1: Co-Occurring Disorders and Employment (MICA)

A Comprehensive Pre-Vocational Training Series for Staff of Partial Care Programs in New Jersey

Overcoming Barriers

- The remainder of this training series, sessions 2 through 12 are designed to:
  - teach staff skills to help support individuals in choosing, getting, and keeping employment;
  - identify interventions to best help staff support individuals in choosing, getting, and keeping employment;
  - identify formal and informal supports to support individuals in choosing, getting, and keeping employment; and
  - to identify professional, community, and natural resources to support individuals in choosing, getting, and keeping employment.

Examples of Prevocational Activities from the NJ DMHS Partial Care Regulations

- This training series is designed for participants to be able to use the material we learn/ review in their prevocational groups.

- The task for you as participants, will be to take the training material and apply it to your own programs, to design employment groups and sessions using the material presented.

- What follows are some examples of employment activities that you can be doing in your programs…
Remember, prevocational interventions or strategies selected are based upon an assessment of consumer interest, needs, skills, and supports; and are reflected in the consumer’s individual service plan.

- Understanding and choosing work settings;
- Gathering and researching job information;
- Clarifying occupational values and interests;
- Defining work preferences;
- Identifying personal work criteria;
- Exploring barriers to working;
- Identifying and defining critical work skills;

Examples of Prevocational Activities from the DMHS Partial Care Regulations

- Researching personal work supports and resources;
- Identifying psychiatric illness management strategies related to working;
- Simulated work activities, i.e., work units to address work hardening, concentration, attending and other skills;
- Learning methods to respond to criticism, negotiating for needs, dealing with interpersonal issues, and adherence to medication requirements.

- This list of prevocational activities is not all inclusive, they are examples that might be included, but you are not limited to this list! Throughout this training series we will review this list, focusing on how these activities can be developed into individual prevocational groups that you can deliver in your programs.

Examples of Prevocational Activities from the DMHS Partial Care Regulations

- Follow the link provided in your participant e-mail to the Survey Gold Session F1: Work & Recovery post-test.
- Follow the link provided in your participant e-mail to the Survey Gold Session Evaluation Form:
  - complete and submit, it is anonymous